

LOCAL NEED

For: 2010, 6010

It is expected that the intervention utilized will be a format utilizing Cognitive Behavioral Therapy (CBT). The goal of Cognitive Behavioral Therapy (CBT) is to change the way defendants/offenders think, hence changing the way they behave. More specifically, CBT restructures a defendant/offender's thought pattern while simultaneously teaching pro-social skills. This intervention and the Treatment Plan must address where the offender is in the Stages of Change and must address each offender's specific criminogenic needs, such as Low Self-Control, Anti-Social Personality, Anti-Social Values, Criminal Peers, Substance Abuse and Dysfunctional Family. It is required that the progress notes be completed utilizing the following format: (1) Presenting Problem and Issues Addressed; (2) Intervention/Service Provided and Other Relevant Information; (3) Client's Response to Intervention and Progress Toward Goal(s); (4) Clinical Impressions and Additional Assessment Information, and (5) Strategy for Moving Forward and Additional Plan Information.